

The Mississippi Poetry Podcast Supplement

Ep. 2: C. Liegh McInnis

1. Listen (18 minutes). Play *The Mississippi Poetry Podcast w/ C. Liegh McInnis*

2. Write (10-25 minutes, as time allows)

Materials Needed:

notebook

pen/pencil

Writing Exercise: Where You're From

Ask participants to write 10 or so sentences about their hometown, using repetition each time. C. Liegh McInnis uses this technique with the phrase "that's the Mississippi in you." Participants might try using "[Town name] is" or "My town is" as their repeated phrase. Encourage participants to think about what makes their town unique (both the good and bad!), to make each sentence specific, and to try to use as many of the five senses as possible.

Examples:

[Town name] is the traffic light at 3rd and Main that takes forever to turn.

[Town name] is the sound of cicadas and crickets on August nights.

[Town name] is the fried catfish platter at Rosie's.

[Town name] is pink skies at sunrise over the lake.

[Town name] is running into my dentist, my best friend, and my third grade teacher at the grocery store.

3. Share (5-10 minutes)

If time and comfort levels allow, invite participants to share their poems!

Related Materials:

C. Liegh McInnis's [website](http://psychedelicliterature.com): psychedelicliterature.com

"[Colonized Mind](https://www.youtube.com/watch?v=ur0bM4-fC_s)," by Prince: [youtube.com/watch?v=ur0bM4-fC_s](https://www.youtube.com/watch?v=ur0bM4-fC_s)

